

**EDITORIAL**

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Great scholar was asked "what is the fastest thing?". He answered "TIME". Yes time flies so fast that without realizing we are now moving into a new year, 2019. I guess it is not too late to wish everyone a very happy new year and to our Chinese readers, wishing you all "Gong Hee Fatt Choi".

We are also moving very fast in this journal. Previously, BJMS was published in two editions a year. However, since 2017 it was published three times a year. The number of articles we received was very encouraging. Thanks to those who have contributed endlessly to keep this journal as one of the top journals at our university (UMS).

In this edition, we have specially dedicated to articles which were the product of Sabah Research Day 2018. The Research Day was held during the 6th Sabah Medical Research and Scientific Conference on 12 – 13 September 2018 at Sabah Women and Children Hospital, Kota Kinabalu (HWKKS). We have selected 13 abstracts to be published in this issue.

We are also working very hard to uplift our journal to be listed as one of the top journals in this university and to get it indexed by this year. Some of the strategies which we have been doing are to get international editors in our editorial board and contributors to our journal. We will also introduce a special section called "Letters to the editors". We hope the comments from our readers can help us to improve our journal.

